

East Haddam Senior Center

FEBRUARY 2026

Mon	Tue	Wed	Thu	Fri
2 8:15 Pilates 12:00 B.P. Clinic	3 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	4 8:15 Pilates 9:00 Casino 10:00 Coloring 1:00 Cornhole / Wii	5 9:00 Tai Chi 10:00 Knitting 10:30 Exec. Mtg. 10-12 Computer Help 1:00 Arts & Crafts	6 8:15 Pilates 1:00 Game Day
9 8:15 Pilates 1:00 Club Mtg.	10 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	11 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 1:00 Cornhole / Wii	12 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	13 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day 1:30 Ice Cream Social 
16 CLOSED! Presidents ' Day Observed 	17 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	18 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring TBD Red Hats 1:00 Cornhole / Wii	19 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO	20 8:15 Pilates 1:00 Game Day
23 8:15 Pilates 1:00 Jam Session	24 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Wtrfrd. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	25 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 11:00 Mystery Lunch 1:00 Cornhole / Wii	26 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 	27 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day